“When the Law of Attraction Doesn’t Work”

Jessica Ortner interviewing Carol Look
Bonus Interview – Not for distribution
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Jessica Ortner: Congratulations on buying Try It On Everything. This is Jessica Ortner, assistant producer of the film. In the process of making this movie, we had the opportunity to meet many different people from all over the world. Many of them knew about the law of attraction, but felt frustrated because they felt like they were doing everything right but they just weren’t getting the results. They were missing some key elements that make all the difference. This interview is called, “When The Law Of Attraction Doesn’t Seem To Work.” You will learn how to overcome common hurdle people face when using the law of attraction and how to get the best results. We will be speaking to Carol Look, a featured EFT expert in the film and author of the well known EFT book, Attracting Abundance with EFT. Welcome Carol.

Carol Look: Hi Jess, how are you?

Jessica: Good. Thanks for joining us.

Carol: My pleasure.

Jessica: So, Carol, for those who don’t know, let’s go right to the basic. What is the Law of Attraction?

Carol: Well, the law of attraction is the ancient metaphysical law or rule that people had been writing about for centuries that basically state you’ll always receive from the universe a match to your vibration. It means like attracts like. So if you’re in a place of scarcity you’ll get more scarcity. If emotionally, you’re in a place of fear about everything, things tend to not work out very well. So, it’s really wherever you are, on a vibrational level, you’ll attract that back into you life or you will attract more of that into your life.

Jessica: Now, some people have tried using the Law of Attraction. They don’t get much success and then they say, “Well, the Law of Attraction, it
just doesn’t work.” Does Law of Attraction just not worked and why are so many people not getting the results they really want?

**Carol:** What I would say is that unfortunately or fortunately, the Law of Attraction is always working so it will always shoot back to you where you are vibrating. Now, a lot of people say, “I’m not getting what I want, that means it doesn’t work.” No, it means you’re vibrating something negative or you’re vibrating in a place of fear or scarcity or lack and you keep getting more of that. So, in fact, that’s the proof that Law of Attraction is working. Now, so many people, I think aren’t getting the results and I get e-mails all the time about it. There are not getting the results because one, they’re too impatient. Two, they think it’s their words that they are attracting what they want and it’s not; it’s your feeling or vibrations so you’ve got to raise your vibration and people are going around and saying, “Oh! I’m in a good mood” or “I want more money and the feeling underneath of it is terrible.” The universe, I always say that universe hears your vibration, not your word. So, yes the law of attraction works. It works all the time, 24 hours a day. What it does is basically take a measurement of overall, where is your vibration, are you grabby, are you unhappy, are you complaining, or are joyful and expectant of what you want.

**Jessica:** You’re talking about this vibration, but how would I know right now how I’m vibrating? How do we know this?

**Carol:** How you feel.

**Jessica:** Okay.

**Carol:** How do you feel? And what so many people have done with Law of Attraction is they try to talk themselves into something, “Oh! I feel good” and you can just hear it but they don’t. So measure your feeling and your mood and then there are lots of ways to raise your vibration, change your mood, move up, move forward, feel better but a lot of people are resistant to doing that.

**Jessica:** So when our vibration isn’t high, when we’re not feeling super happy and we are feeling scarcity, how do we figure out, if we have these feelings, How do we figure out exactly what to do with them or what are we supposed to do? And how do we know what are block is?

**Carol:** Well, that’s two questions. The first is what we do with them is clear those feelings with the EFT. That’s why I think EFT and Law of Attraction is such a perfect match for us.
Jessica: A-ha.

Carol: Because if law of attraction always works and it responds to your vibration. If you don't change your vibration you'll keep getting what you are getting now. So the best way to change your vibration that I’ve ever found is EFT. So let’s say you’re feeling scarcity, you use EFT to change that and shift that and feel more prosperity anywhere you can in your life. It may not be a one minute wonder, but it’s going to change if you use EFT to change your energy on that.

Jessica: Right.

Carol: It’s really, really important to use the healing technique and energy technique like EFT to help you raise your vibration. I say to people, it’s very, very simple to higher your vibration is and when I say higher, what I mean is more joyful, more passionate, more excited, more “Ooh, can’t wait.” Right?

Jessica: A-ha.

Carol: With the higher your vibration is, the more you will get that back and then there are lots of ways to change your vibration. There are written exercises. There’s visualization but many people need of technique like EFT to really make a definite change in their energy.

Jessica: It seems like one of the places, when people start using EFT, where they get stuck is that we’ve been taught that with the Law of Attraction, we have to think happy thoughts and I know that you address this before. In EFT, a lot of time you’re tapping and you’re saying how you feel and a lot of time that’s negative. Why can you say that out load and it doesn’t have a negative impact?

Carol: Well, if we go back to the universe hears our vibration, when people are trying too hard to think happy thoughts, what are they actually doing? They are actually resisting the truth which is they’re miserable, let’s say for example or they are crabby or they’re hurt or they feel betrayed or they’re angry. So what they do? Those are the real feelings in their body and what I do instead is “Think happy thoughts! Think happy thoughts! Come on!” And so what is the universe hearing? They’re hearing the negativity.

So what we do with the EFT is nail it. We say if you’re angry, if you’re resentful, if you feel hurt, if you feel down, and blue then that becomes your target for EFT and once you deal with the truth, than you can move forward.
A lot of people have misinterpreted the Law of Attraction to mean ignore or deny the real feelings that are going on and with EFT, we say the truth. We nail it. We say, “This is what’s truly going on” and then that freeze up space for you to be in a better vibration and then your accessing more of the Law of Attraction with what you want. So, where really saying I know that that’s the biggest questions people have. How could we possibly say the negative? Because it what’s your vibrating anyway. You better say it to move forward. “Oh no, I’m not there.” Yes you are. You and I, we can see in people’s faces. We can hear it. I can hear it in people voices.

Jessica: I mean, it’s interesting and I’ve experienced that personally when you try to think happy thoughts and then you feel a different way. Not only you if you feel bad, on top of that you get mad at yourself for feeling bad because you think you should always be thinking happy thoughts.

Carol: Right.

Jessica: You put a lot of pressure.

Carol: In picture, you’re putting both your fist together and pushing against each other. That’s what it feels like when you’re trying to resist the truth of the thought that’s coming up. The truth of a situation, yet it’s true that a lot of people don’t have enough money to pay their bills. OK. Deal with that. Where not asking you to pretend, occasionally were asking you to pretend to write a list about things that make you happy so you get you’re focused off of it, but you’re going to deal with the truth. Are you scared? If you’re really afraid don’t pretend you’re not, deal with that fear. So that you can become more confident, start to do some of the exercises. Start to feel like, “You know what? I could turn it around.” If I change my vibration, I could turn it around. I just had a conference and someone who couldn’t attend my workshop, said Carol “In a nut shell! In a nut shell! Tell me how to attract abundance” and I said it is pretty simple, you have to raise your vibration and he looked at me and said, “What does that mean?” You know, you’ve got to feel more joyful, truthfully, more joyful more minutes of the day and it will turn it around.

Again, were not asking you to change you entire life in 24 hours. We’re saying a little bit of a time, a day at a time, move a little bit forward on that happy scale on the feeling relief, feeling more excited, feeling more like you deserve it.
Jessica: Right. I like to think of it as it's your opportunity, when you're tapping, just to get it out. It's very freeing just to say how you feel and you really do feel like you're getting out of your systems. It's amazing.

Carol: Absolutely. Instead of, you know, many of us have been told all our life. A lot of people watching the movie or so excited about it because they say finally, finally, I can say that I felt betrayed. Finally, I can say the truth that I'm hurt. Finally, I can say that I'm angry like they really feel permission is being given to them with EFT. “Oh! You just say the truth.” “Oh! I get it” and that's very relieving and what's happen to one is relieving? Their vibration improves instantly.

Jessica: Right. Now, what if I'm having trouble attracting more abundance in my life, doing all the different things and nothing seems to be working and I don't know what my block is. What happen when you just can't figure out and why you're not attracting the money that you want?

Carol: Well, one of the things I often see is that people are trying too hard and in that, they are not relaxing. So they are working on it and trying really hard and their pushing at it, “No, I'm trying to attract the money.” And they're pushing, pushing, pushing without changing their vibration. This is really, really key. People are trying to do all these things and make cold calls and put their business cards out and put their fliers out or whatever business there in. You know, make another proposal and they are not dealing with their vibration first. They're trying to buy another program on the Internet about marketing and that's not going to do it if your vibration isn’t in the right place, but if you don’t know your block, my favorite questions I like to ask people, “What would be the downside of getting that money that you keep telling me you want?”

Now, I always tell people abundance is not a dollar amount on your banking account. Abundance might be success of a different kind, it might be having more clients. It might be feeling peaceful. It might be having a relationship. Abundance might mean feeling really healthy in your body. So first to define what you really want. The second of all, “What is the downside to getting it?” Maybe there's a risk. Maybe you’re a little bit afraid. I love to say to people “And if you had it, would there be any problem? Who’s going to be upset or might jealous or envious.” You know, I often asked them also, “What’s the pay off of the struggle?” Someone in my workshop recently said, “I was taught life have to be a struggle.” Well, what's the pay off of staying in that “I’ve got a struggle mode.” So ask yourself questions, what’s going on? What would be the downside? If you don’t know your block, sometimes we can just do a tapping on… You want to do that know?
Jessica: Yeah, let’s go for it.

Carol: Okay. So, sometimes if you honestly don’t know, if you’ve asked yourself the questions what’s the downside of getting what you want or what’s the upside of staying where you are. If you asked those questions and you earnestly don’t come up with anything then let’s do a global tapping and just say, “I don’t know what’s going on.”

Jessica: Let me say first. If you listen to this and you haven’t been had a chance to watch the movie yet, you can go on TryItOnEverything.com and click on the link that says how to tap to find the tapping points.

Carol: Great! OK. So will start and the karate chop as usual. OK? So we’re assuming Jess that you don’t know what your blocks are?

Jessica: Right.

Carol: OK. Now, and people say how do I know that I have got blocks? Well, the proof that you’ve got block, look at your life. How is your health? Are you getting what you want? How are your sleeping patterns? How is your financial abundance? How were your colleagues treating you? How’s your relationship going? That’s the evidence, “Hmm, I must have something going on in my vibration. That’s getting in a way.” OK?

Jessica: Right.

Carol: Karate chop. Even though I’m not sure what my blocks are right now

Jessica: Even though I’m not sure what my blocks are right now.

Carol: I can’t figure out what’s blocking me.

Jessica: I can’t figure out what’s blocking me.

Carol: I deeply and profoundly love and accept myself anyway.

Jessica: I deeply and profoundly love and accept myself anyway.

Carol: Even though I’m not sure what my blocks is right now.

Jessica: Even though I’m not sure what my blocks is right now.
Carol: When I look at my life.

Jessica: When I look at my life.

Carol: I know I must be blocking something.

Jessica: I know I must be blocking something.

Carol: I deeply and profoundly accept myself anyway.

Jessica: I deeply and profoundly accept myself anyway.

Carol: Even though, I have blocks to abundance.

Jessica: Even though, I have blocks to abundance.

Carol: And I’m not quite sure what they are?

Jessica: And I’m not quite sure what they are?

Carol: I accept myself anyway.

Jessica: I accept myself anyway.

Carol: Eyebrow. I don’t know what my blocks are.

Jessica: I don’t know what my blocks are.

Carol: Side of the eye. I wonder why I’m blocking abundance.

Jessica: I wonder why I’m blocking abundance.

Carol: Under the eye. Maybe I’m afraid.

Jessica: Maybe I’m afraid.

Carol: Under the nose. Maybe I really don’t want it.

Jessica: Maybe I really don’t want it.

Carol: Chin. Maybe I’m worried about other people’s reactions.
Jessica: Maybe I’m worried about other people’s reactions.

Carol: Collar bone. Maybe I’m afraid to change.

Jessica: Maybe I’m afraid to change.

Carol: Under the arm. Maybe I’m not sure who I’ll be if I get it.

Jessica: Maybe I’m not sure who I’ll be if I get it.

Carol: Top of the head. Maybe I’m just afraid of attracting abundant.

Jessica: Maybe I’m just afraid of attracting abundant.

Carol: Good and take breath. Now, I put in a whole bunch of things in there that are possibility. We are often afraid of other people’s reactions if we become really successful. How are your friends and family members going to treat you; differently or the same? So I posed some questions in there maybe I’m afraid. Maybe I don’t want to change. Maybe I’m worried about their reactions. Those are all really good possibilities, [that] and deserving issues.

Jessica: And what do you do if you’re listening to this audio and you think “Wow!” Suddenly, do you think you have no issues and maybe I’ll come up with anything? Well, yes, I’m scared of how people will feel about me or I’m nervous about this. Where do you know where to go and where to get started if you have a few things coming up?

Carol: Well, what would I do is take each one separately. So let’s say someone said, “Woah! I didn’t realize my siblings, or parents, or my colleagues would be jealous or envious.” You take that as one target for EFT.

OK. Let’s say it comes up “I don’t feel deserving. I always thought I deserve abundance.” But, you know, something is going on. Find out what makes you feels undeserving. Who thought you that? So maybe a coach or parents said to you, you don’t deserve that. Think of that and then that’s a new target for EFT. Let’s do one on deserving because that’s the big deal for people. OK?

Jessica: Sure.

Carol: The karate chop. Even though I don’t feel deserving of abundance.
Jessica: Even though I don’t feel deserving of abundance.

Carol: And I know who thought me that.

Jessica: And I know who thought me that.

Carol: I deeply and profoundly accept myself anyway.

Jessica: I deeply and profoundly accept myself anyway.

Carol: Even though I haven’t felt deserving of success.

Jessica: Even though I haven’t felt deserving of success.

Carol: For most of my life.

Jessica: For most of my life.

Carol: I accept who I am anyway.

Jessica: I accept who I am anyway.

Jessica: Even though I haven’t felt deserving of success.

Carol: For most of my life.

Jessica: For most of my life.

Carol: I accept who I am anyway.

Jessica: I accept who I am anyway.

Carol: Even though I don’t feel deserving of attracting abundance.

Jessica: Even though I don’t feel deserving of attracting abundance.

Carol: I choose to release this old pattern.

Jessica: I choose to release this old pattern.

Carol: Eyebrow. I haven’t felt deserving.
Jessica: I haven’t felt deserving.

Carol: Side of the eye. What if I put that in the past?

Jessica: What if I put that in the past?

Carol: Under the eye. I haven’t been feeling very deserving.

Jessica: I haven’t been feeling very deserving.

Carol: Under the nose. But I’m trying so hard.

Jessica: But I’m trying so hard.

Carol: Chin. Maybe I’m trying too hard.

Jessica: Maybe I’m trying too hard.

Carol: Collar bone. What if the truth is I do deserve abundance?

Jessica: What if the truth is I do deserve abundance?

Carol: Under the arm. What if I do deserve abundance?

Jessica: What if I do deserve abundance?

Carol: Top of the head. I choose to feel deserving of abundance now.

Jessica: I choose to feel deserving of abundance now.

Carol: Take a deep breath. So, when you were asking before if someone feels like, all their issues are coming up. Take each one separately. I’m afraid to change, that’s the target for EFT. I’m afraid of their reactions, is another target for EFT. I’m afraid I can’t maintain success, that’s another target. So, a lot of people stay in this struggle mode because that’s what they’re comfortable with.

Jessica: Right.

Carol: This is who I am. I struggle. What would happen if you suddenly turned the corner on your vibration, made all these money, we’re all successful in a relationship or whatever you want. What would it be like in your life? And people really need to examine that.
**Jessica:** So, it’s almost like this fear of the unknown because, you know, when you kind of try to attract something, it’s because you don’t have it in your life. You’re not used to it.

**Carol:** The unknown and the identity issue, remember when you and I did that recording on the identity issue? It’s a big deal because if people are afraid of whom they’re going to become and they don’t recognize themselves, they’ll sabotage. This is the way we don’t know our blocks. You know, we sabotage, we procrastinate, we’re late. You know, we become perfectionistic. You know, that’s what we do to get in our own way because we don’t feel safe getting what we want, even though we run around telling everybody we want this particular thing. You know, money, relationships, health or whatever.

**Jessica:** Alright. And do you find, since you work with so many people, when you asked them these questions, do they begin to realize pretty quickly their blocks or do you find that they’ll say, “Oh no, I don’t have any blocks” and they have to kind of stick with the questions for a little while?

**Carol:** It’s different for everybody. Sometimes the questions, they’re so clear and the person hasn’t looked at it that way that the questions just connect the dots for them and they say, “Oh, good point. I think I am afraid of changing. Even though I am uncomfortable where I am, I’d rather know where I am than being in a new place that’s uncomfortable and unfamiliar to me.” That’s a huge one. People would rather stay with a boss or a relationship or a financial situation that they’re used to rather than changing.

**Jessica:** When you feel that emotion and you get to that place of peace, do you need to then do something else to have the Law of Attraction work or do you have to say positive things, is there a second step?

**Carol:** Well, remember the Law of Attraction is always working.

**Jessica:** Right.

**Carol:** So, what’s you’re working toward is raising your vibrations. So, tapping and getting rid of the negative emotion is a big deal. There are lots of written exercises you could do. I do a list, a gratitude list or a list of things that make me feel relieved, so 10 things that make me feel relieved, 10 things that make me feel happy, 10 things that I’m grateful for. That also was another way to help change your vibration feel a little bit better.
Jessica: This is great because we can still use all the things that we’ve learned before with the Law of Attraction, but it makes sense that you need to first clear all those things that are blocking you before, you know, really going for what, just focusing on what you want and being in that vibration.

Carol: Absolutely and that’s where people get confused.

Jessica: A-ha.

Carol: A-ha.

Jessica: And what about our tapping on positive statements. When does someone incorporate that? How does that work?

Carol: Well, sometimes I do with even as early as the second round. You know, I am abundant. I choose abundance. I love feeling abundance because what will happen is, the positive statements will either feel good to the persons or they’ll feel awkward and unusual and they’ll say, “Oh, that doesn’t feel good.” And that’s information and that’s feedback that you can use if the person says, “You know, you just said I deserve abundance and I don’t feel that at all I” and tail ender that came up was “No, I don’t.” Then, you can tap on, “No, I don’t.” So then you go back to the negative issue, which is the truth of what’s going on. So I alternate the positive and negative and make sure the person knows that I’m doing that and offering suggestions and opportunities to tap on the positive and if they reject them, That’s really important.

Jessica: And how does someone know when they’ve cleared the block?

Carol: How they feel and if they’ve measured it. I recommend people measures 0-10, how true does it feel when you say, “I don’t deserve abundance or I do deserve abundance?” You know, measure that and then see how that changes you. You feel it in your body but it’s really important to measure it on that 0- to 10-point scale. How does it feel now? “Oh, it doesn’t feel true anymore.” How afraid are you of changing? “That’s funny. I don’t feel really afraid of it anymore.”

Jessica: Right. You mentioned in the beginning that one of the things that can block people or where people get hung up on is patience. Now, can we tap on that problem? You know on being patient and letting it come?

Carol: Absolutely. Impatience, we say we’ve done everything right, why isn’t it here yet? Impatience is a real feeling and a legitimate feeling that you
can tap on, so absolutely and you can do things to suspend your impatience and just kind of cross it and work with expectations. I know it’s coming. I know it’s around the corner. You know what we do is we go plant seeds and then two hours later we go dig them up.

You got to give the seeds some time and some water. You have to give your self some time and give the universe some time to really hear your consistent vibration.

That’s one thing, the universe doesn’t work instantaneously like that. Are you kidding? Or every negative thought we have or positive thought would produce something right away. So just be patient and just know that you’re changing your vibration and improving it a little bit every day, a little bit every day, a little bit every week so that in a week’s time, your vibration could be considerably different overall than it has been.

Jessica: Can we do a round of tapping on patience?

Carol: Absolutely. Karate chop. Even though I’m so impatient.

Jessica: Even though I’m so impatient.

Carol: I don’t have what I want yet.

Jessica: I don’t have what I want yet.

Carol: I deeply and profoundly.

Jessica: I deeply and profoundly.

Carol: Love and accept myself anyway.

Jessica: Love and accept myself anyway.

Carol: Even though I feel so impatient.

Jessica: Even though I feel so impatient.

Carol: Because I don’t have what I want yet.

Jessica: Because I don’t have what I want yet.

Carol: What’s the matter?
Jessica: What’s the matter?

Carol: I’m doing everything right.

Jessica: I’m doing everything right.

Carol: I deeply and profoundly accept myself anyway.

Jessica: I deeply and profoundly accept myself anyway.

Carol: Eyebrow. I feel so impatient.

Jessica: I feel so impatient.

Carol: Side of the eye. Why isn’t it here yet?

Jessica: Why isn’t it here yet?

Carol: Under the eye. I feel so impatient.

Jessica: I feel so impatient.

Carol: Nose. Why isn’t it here yet?

Jessica: Why isn’t it here yet?

Carol: Chin. Hurry up!

Jessica: Hurry up!

Carol: Collar bone. I’m so impatient.

Jessica: I’m so impatient.

Carol: Top of the head. I’m so impatient.

Jessica: I’m so impatient.

Carol: Now let’s do a round of positives. Eyebrow. What if I knew it was coming?

Jessica: What if I knew it was coming?
Carol: Side of the eye. What if I could just relax?

Jessica: What if I could just relax?

Carol: Under the eye. And trust that it’s coming.

Jessica: And trust that it’s coming.

Carol: Nose. I love feeling relaxed.

Jessica: I love feeling relaxed.

Carol: Chin. I love feeling patient.

Jessica: I love feeling patient.

Carol: Collarbone. And so eager.

Jessica: And so eager.

Carol: Under the arm. I’m really looking forward to it.

Jessica: I’m really looking forward to it.

Carol: Top of the head. I love feeling strong and peaceful.

Jessica: I love feeling strong and peaceful.

Carol: And very patient.

Jessica: And very patient.

Carol: It feels so good.

Jessica: It feels so good. Ahh, it does feel so good!

Carol: Don’t be mad at yourself for being impatient. Deal with that as another target for EFT and when someone stomps their feet and says “Yes, but I’m doing everything right.” Probably not. They’re actually probably not doing everything right. Right, meaning, you’re not doing all those really simple tools or using all those tools to help your vibration go higher and higher, because again, we’re impatient and what we do is, “Darn it, it’s not
here yet but I’ve been doing everything right!" So put tapping into your life
every day, a couple of times a day if you can and tap on those feelings of
“Why me, it’s not here yet. I thought I’ve been doing everything right.” But
again, the Law of Attraction works so what you’re getting in your life is the
sign and the signal that that’s where your vibration, your overall vibration is.

Jessica: I love how you said that sometimes we just forget to do the simple
things and it’s so true because a lot of times, we make things harder on
ourselves than they really are and EFT is so simple that sometimes we kind
of overlook it because it’s so easy.

Carol: Absolutely.

Jessica: It’s so powerful.

Carol: Absolutely.

Jessica: One last question. For someone who is starting to do EFT.
They’ll listen to this audio. They’re going to start doing it by themselves. Do
you have any advice for beginners?

Carol: Be super, super clear. OK, so make a decision, what issue are you
working on? I’m afraid to change, why? Because what? Because of what
happened last time? Be very, very clear and specific. OK? Do it 5 or 10
minutes. Don’t overwhelm yourself. Don’t do an hour marathon if it’s your
first time. Do 10 to 15 minutes to see how it feels. Take notes. Write things
down. “Oh, what else came up?” And I would scale 0 to 10, I would say,
“OK, I’m afraid to change.” How true does that feel, 0 to 10? Write it down
and then just keep checking it. OK? And I would suggest keep it up, keep a
journal, and keep up the tapping everyday.

Jessica: Newbies sometimes get hung up on what words to say so
basically you said be specific and…

Carol: Tell the truth.

Jessica: Just tell the truth.

Carol: Don’t be polite. Tell the truth. Even though I’m incredibly frustrated
because I thought I’ve done everything right, you tell the truth. Even though
I’m enraged. Even though this isn’t fair. Even though I resent people who
have money. Even though I’m mad at her/him because he’s gotten a
relationship and I don’t. Tell the truth because that’s where your energy is
and remember what we’re doing with EFT is changing your energy and your vibration.

Jessica: You said before that people learn EFT and they say, “Finally, finally a way to get it out” and after doing this interview, it definitely feels like that and it feels like that’s the reaction that so many people are going to have. It’s like, finally something where we can say how we feel and we can get it out of our system.

Carol: Oh, I hear it over and over again. I just did a workshop and there may be 100 people in the workshop and we decided to work on guilt and all these people got finally that their guilt about things in their family were making themselves punish themselves against abundance. So they were blocking themselves and sabotaging so they were finally able to say, “I feel guilty about this” and then the numbers would drop, they would feel less and less guilty and you could see the differences in their face and their bodies. “Oh! I’ve been holding on to that to block my abundance, ha!”

Jessica: And it’s amazing, in a matter of minutes as people keep tapping, you know, I suggest they go to a workshop. They’re amazing. You actually see people and you see how their faces would completely transform in a few minutes. It’s like all this weight has been lifted off of them.

Carol: Absolutely.

Jessica: That’s amazing. Well, Carol, I couldn’t thank you enough. That was incredibly insightful and I’m sure everyone really enjoyed it. Thank you.

So everyone, if you’ve enjoyed this interview. You can go to TryItOnEverything.com and click on the Meet the Experts link to learn more about Carol and to find links to her other really great work. We hope this interview helps you better understand how to harness the power of the Law of Attraction and to create the life that you truly deserve.